



PROGRAMME FOR DOGS AND CATS

Kidney Support Programme

In chronic kidney disease, kidney function declines slowly. Waste products from the gut, inflammation and scarring (fibrosis) speed up that process. This programme supports the kidneys through the gut and kidney axis, reduces inflammation and protects kidney cells, always alongside veterinary treatment.

Only in consultation with your veterinarian

- Have kidney values checked every three months with blood and urine tests. Advanced kidney disease or medication calls for a personal consultation.

Who is it for?

Chronic kidney disease, early stages

Raised kidney values

Protein loss in the urine

Low urine concentration

Older and at risk animals

Recovery after acute kidney injury

The programme at a glance

Phase 1

WEEKS 1 TO 6

Relieve and stabilise

Phase 2

WEEKS 6 TO 14

Restore

Phase 3

WEEKS 14 TO 22

Protect

Phase 4

FROM MONTH 6

Maintenance

Food and fluids

Fluid intake matters most in kidney disease. Kibble contains only 5 to 10% moisture; fresh food helps the kidneys directly. Choose high quality, varied fresh meat (for dogs with 20% ground vegetables). In early stages protein restriction is usually not needed and can cause muscle loss.

Always discuss the diet with your veterinarian. With high phosphate levels an adjustment is needed, for example a phosphate binder with meals. Cats often drink too little: a drinking fountain and wet food help.

What you may notice

Weeks 1 to 6 Fewer waste products from the gut, a more alert animal and better stools.

Weeks 6 to 14 Possibly less protein loss in the urine at the next check.

Weeks 14 to 22 More stable kidney values, better appetite and condition.

From month 6 Maintenance, with kidney values checked every three months.

PHASE 1 Relieve and stabilise

WEEKS 1 TO 6

Stabilising the gut, so fewer waste products reach the kidneys.

Prebiotic Fibers	Feed gut bacteria that break down urea.
Biofilm Balance	Breaks down harmful biofilm in the gut.
Liposomal Vitamin C	Antioxidant that protects cells.
Liposomal Curcumin	Reduces inflammation and scarring.
Liposomal Lactoferrin	Supports the gut barrier and immunity.

PHASE 2 Restore

WEEKS 6 TO 14

Slowing scarring and protecting kidney cells with **Longevity Support**, **Myco Immune Complex** and **Omega 3**.

PHASE 3 Protect

WEEKS 14 TO 22

Liposomal Co-enzyme Q10 and **Liposomal Glutathione** support energy in kidney cells and protect against oxidative damage.

PHASE 4 Maintenance

FROM MONTH 6

Longevity Support, **Omega 3** and **Prebiotic Fibers**, adjusted to the kidney values.

Additions when needed

Nausea or poor appetite: CBD oil.
High urea: Green Detox.
Fatigue or anaemia: Vitamin B Complex.
Pain or stress: PEA Complex or Adaptogen Complex.

See the veterinarian straight away

With refusal to eat (cats: longer than a day), vomiting, lethargy, an ammonia smell from the mouth or no urine.

At home. Have blood pressure measured too (often raised in kidney disease) and keep track of weight, appetite and drinking.

Dosing. First month: the therapeutic dose twice daily, then once daily, as advised by your veterinarian.

Safety

- Never stop or change prescribed medication or diet yourself, and tell your veterinarian about all supplements.

PERSONAL ADVICE FROM YOUR PRACTITIONER

Animal's name

Start date

Dose

Additional consultation with practitioner, if needed

Additions from other programmes, if any