



PROGRAMME FOR DOGS AND CATS

Skin Support Programme

Skin problems are rarely purely local. Itch and inflammation often arise from overactive mast cells, an unbalanced immune system and a disturbed gut. This programme therefore works from the inside, in a fixed order.

Which problems is it for?

Chronic itch

Eczema

Bald patches

Recurring skin infections

Seasonal allergy

Atopic dermatitis

Food intolerance with skin signs

Have the veterinarian make a diagnosis first. Mites, fungal infections, fleas and bacterial infections need their own treatment.

The programme at a glance

Start

WITH CHRONIC
PROBLEMS

Gut Restoration
Programme

Phase 1

8 WEEKS OR LONGER
Acute and seasonal

Phase 2

THEN, LONG TERM
Maintenance

Options

IN ANY PHASE
Stress and topical
care

Why the gut as well?

Through the gut and skin axis, chronic skin problems are almost always linked to a disturbed gut barrier. With chronic or recurring problems, the Gut Restoration Programme (16 weeks) is therefore an essential addition, before or together with phase 1. For problems that only occur in one season, phase 1 is often enough.

What you may notice

Weeks 1 to 2

Less acute itch and redness, a calmer animal.

Weeks 2 to 6

Less inflammation, a better coat and fewer infections.

Months 2 to 3

A stronger skin barrier and the move to phase 2.

Phase 2

Seasonal flare ups are often milder and shorter.

The skin responds faster than deeper processes recover. After the first improvement comes a second wave, as the immune system and, in chronic cases, the gut recover.

The fixed first step for every skin problem. Four mechanisms at once, not one.

Histamine Balance	MSM and quercetin calm the mast cells that release histamine.
PEA Complex	Reduces inflammation and itch through the body's own anti-inflammatory system.
O-Mega Blend	Omega-3 with astaxanthin for a strong skin barrier.
Myco Immune Complex	Beta-glucans from mushrooms for immune balance.

PHASE 2 **Maintenance**

ONCE SYMPTOMS ARE UNDER CONTROL

Keeps the skin barrier and immune balance stable.

Liposomal Lactoferrin	Supports immunity and the barrier of skin and gut.
Histamine Balance	Keeps the mast cells stable.
O-Mega Blend	Keeps nourishing the skin barrier.

Option: stress

Does stress make the itch worse? Then add Adaptogen Complex, Myco Adaptogen Complex, CBD oil or Relax Support.

Option: topical care

Ozone Olive Oil, Ozone Jojoba Skin Balm, Colloidal Silver-Zinc Spray, Itch Support and ear drops for hotspots, eczema, skin irritation, paws and ears.

At home

- Fresh, varied food. If a food allergy is suspected: an elimination diet under veterinary guidance.
- Keep an itch diary and note weekly how much your animal scratches or licks. That shows the trend.
- Do not bathe too often and only with a mild shampoo, and keep (natural) flea prevention up to date.

Dosing. First two months twice daily, then once daily. Cats and CBD oil: start with 1 drop 2 to 3 times daily, at most 2 to 3 drops per dose.

See the veterinarian straight away

- With a deep or spreading infection, fever, lethargy or reduced appetite.
- With head shaking and a tilted head or balance problems, or lesions that bleed, do not heal or form lumps.
- Never stop or reduce prescribed medication, such as prednisolone or Apoquel, without the veterinarian.

PERSONAL ADVICE FROM YOUR PRACTITIONER

Animal's name

Start date

Dose

Additional consultation with practitioner, if needed

Additions from other programmes, if any